

## **Sleeping Resting Respiratory Rate Tracking for the Cardiac Patient**

Please monitor your pet's breathing rate when s/he is sleeping to help detect early fluid developing in the lungs. The normal breathing rate for a sleeping cat or dog is fewer than 30-35 breaths per minute. For many pets, the number can be much lower than 30.

One rise and one fall of the chest is one breath. If you notice that the breathing rate is consistently higher than 40 breaths per minute, much higher than it was before surgery, or seems distressed, please have your pet evaluated by a veterinarian to assess for the development of heart failure.

### **Before Surgery**

<b>Date</b>	<b>Breaths per Minute</b>

### **After Surgery**

<b>Date</b>	<b>Breaths per Minute</b>